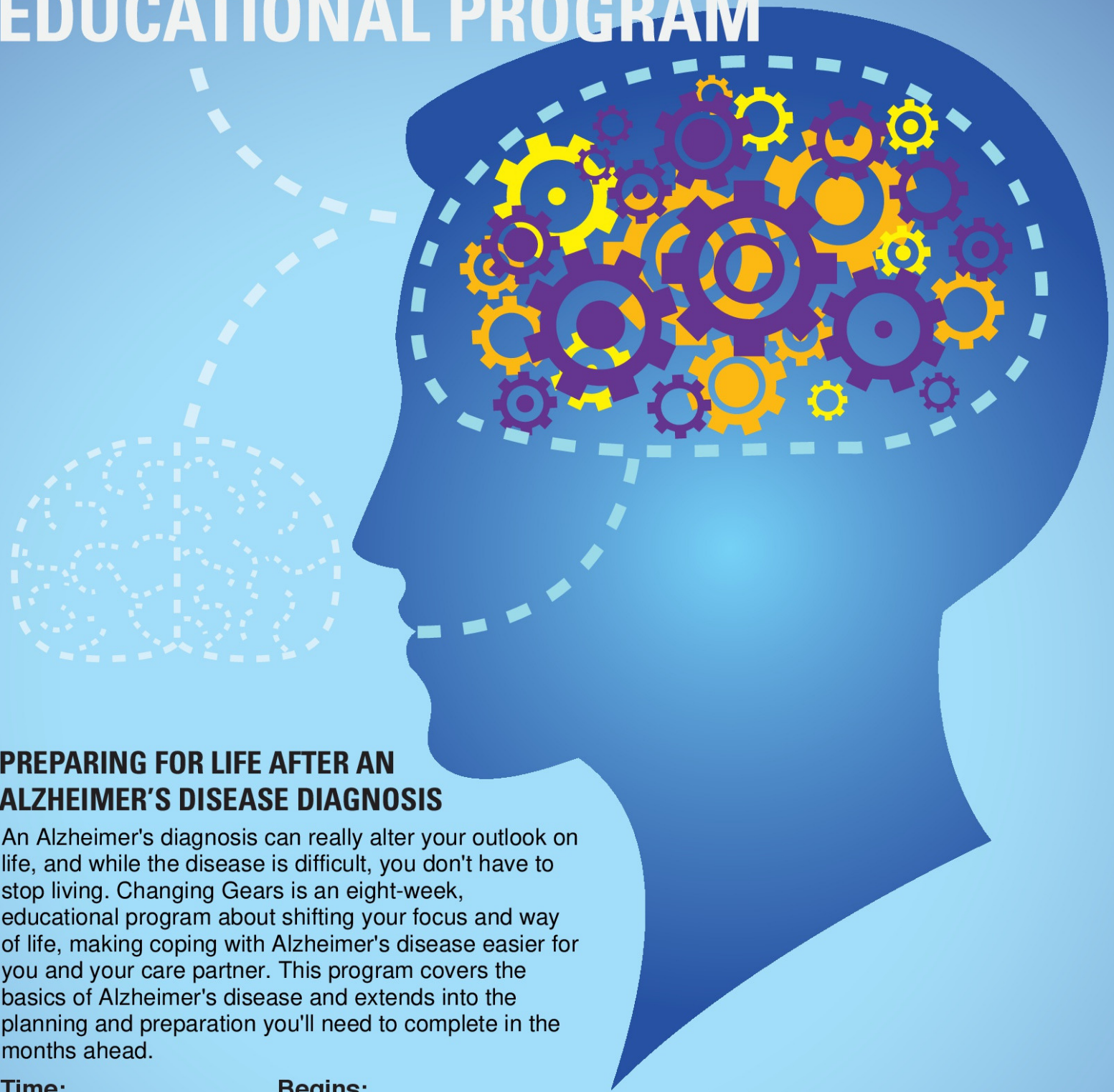


# CHANGING GEARS EDUCATIONAL PROGRAM



## PREPARING FOR LIFE AFTER AN ALZHEIMER'S DISEASE DIAGNOSIS

An Alzheimer's diagnosis can really alter your outlook on life, and while the disease is difficult, you don't have to stop living. Changing Gears is an eight-week, educational program about shifting your focus and way of life, making coping with Alzheimer's disease easier for you and your care partner. This program covers the basics of Alzheimer's disease and extends into the planning and preparation you'll need to complete in the months ahead.

**Time:**

Varies

**Begins:**

Varies

**Location:**

Please Check the back for locations and details.

**Registration:**

Call 214.540.2419 for a pre-screening.

alzheimer's  association®

Greater Dallas Chapter

Greater Dallas Chapter

Changing Gears Classes are offered in the following cities:

*Early Stage Focus*

Dallas, TX 75235

**Start Date: Tuesday, February 20th**

**Time: 10:00 AM - 12:00 PM**

Richardson, TX 75082

**Start Date: Thursday, February 22nd**

**Time: 10:00 AM - 12:00 PM**

Denton, TX 76210

**Start Date: Monday, February 19th**

**Time: 2:00 - 4:00 PM**

Desoto, TX 75115

**Start Date: Wednesday, February 21st**

**Time: 2:00 - 4:00 PM**

Valley Ranch

**Start Date: Thursday, February 22nd**

**Time: 10:00 AM - 12:00 PM**

*Younger Onset Focus*

Dallas, Texas 75204

**Start Date: Tuesday, February 20th**

**Time: 5:00 PM - 7:00 PM**

Pre-screening is necessary to participate in Changing Gears Program. Location details will be shared after the pre-screening process.

For more information, please call 214.540.2419 or visit our website at [alz.org/greaterdallas](http://alz.org/greaterdallas)