The 7 Habits of Highly Effective People

Based on Stephen Covey’s best selling book, The 7 Habits of Highly Effective People, this self-development workshop emphasizes the principles underlying the basic habits of highly effective people and enhancement of personal and interpersonal effectiveness.

No company can succeed until individuals within it succeed. No group can achieve its objectives until its people achieve theirs. This workshop is about making participants effective so they can, in turn, make their work groups and organizations effective.

So many changes are occurring in today’s workforce: ever-changing technological advances, the changing tide of markets (global, national, state and local); merges, buyouts and structural changes – just to name a few. Quick-fix solutions do not work in the long-term. The principles taught in the 7 Habits of Highly Effective People are brought to live in this powerful workshop. It has helped transform thousands of organizations throughout the world by transforming the people they depend on.

We’ll Help You See, Think and Act differently – to Get Better Results

In today’s business environment, it’s not enough to do things differently. You must do different things. The 7 Habits workshop will help you and the people in your organization change the fundamental way they approach their jobs, relationships, even problems and opportunities by:

- Breaking common ineffective behaviors and tendencies
- Creating high levels of trust
- Developing strong interdependent relationships

Once you see and think differently, you will act differently. And those actions will produce superior results. This sort of transformation is the key to turning organizations into places where effective people create lasting results.

The 7 Habits….and What They Will do for Your Organization

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<thead>
<tr>
<th>The Habit:</th>
<th>The Results of 7 Habits Training:</th>
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<tbody>
<tr>
<td>Habit One: Be Proactive</td>
<td>Fosters courage to take risks and accept new challenges to achieve goals.</td>
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<td>Habit Two: Begin with the End in Mind</td>
<td>Brings projects to completion and unites teams and organizations under a shared vision, mission and purpose.</td>
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<td>Habit Three: Put First Things First</td>
<td>Promotes getting the most important things done first and encourages direct effectiveness.</td>
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<td>Habit Four: Think Win-Win</td>
<td>Encourages conflict resolution and helps individuals seek mutual benefit, increasing group momentum.</td>
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<td>Habit Five: Seek First to Understand, then be Understood</td>
<td>Helps people understand problems, resulting in targeted solutions; and promotes better communications, leading to successful problem solving.</td>
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<td>Habit Six: Synergize</td>
<td>Ensures greater “buy-in” from team members and leverages the diversity of individuals to increase levels of success.</td>
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<td>Habit Seven: Sharpen the Saw</td>
<td>Promotes continuous improvements and safeguards against “burn-out” and subsequent nonproductivity.</td>
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How to Turn Two Days into Seven Lifelong Habits

The 7 Habits program is not merely an “event” that motivates, entertains and is forgotten in a few days or weeks. This intensive two-day experience is designed to create a lifetime of positive transformational changes. The results are real and measurable.

The session highlights each habit in detail, specific personal and work applications will be developed and a personal mission statement created.

Your Ultimate Competitive Advantage is Your People

The time and money your company, group or organization spends to send people to this workshop is one of the best investments you can make in your profitability. Thousands of organizations around the world have said the principles and methods taught in the 7 Habits workshop meet real challenges, tackle real problems and deliver real results.

What you receive

- The 7 Habits of Highly Effective People Book
  This best-selling book is the basis for the concepts taught in this course.

- The 7 Habits Benchmark Assessment
  This 360° assessment helps you gauge your effectiveness from your own viewpoint and from the viewpoints of others.

- Participant Guidebook
  This 174-page manual is filled with examples and exercises that continue to enhance the learning process after the workshop is over.

- The 7 Habits Seven-Week Contract
  This reinforcement will help the concepts you learn become truly habit forming.

- Experiential training featuring several award winning videos.