



You're invited to a FREE webinar

Don't Let Gravity Win!
Practical Fall Prevention Strategies
for Everyday Life

Wednesday, September 16, 2026

10:00 a.m. – 11:00 a.m.

*****Complimentary CEUs available for social workers and LPCs in Texas or a Certificate of Attendance. Some restrictions apply*****

Presenter:

**Kim Mathis, MS - Healthy Living Program Coordinator,
Area Agency on Aging of North Central Texas,
A program of the North Central Texas Council of Governments**

Online Registration Required at:

<https://www.eventbrite.com/e/dont-let-gravity-win-practical-fall-prevention-strategies-for-everyday-tickets-1994149276166?aff=oddtcreator>

***Webinar Instructions will be emailed to registered participants via ZOOM one day prior to the webinar.**

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101