



Denton County  
MHMR Center

Webinar for **Professionals, Caregivers** and/or family members in **TEXAS**

# ***Mental Health First Aid***

***For Professionals, Caregivers and Family members in TEXAS***

Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

**First Two Hours—Self Paced Study Online  
AND SIX ADDITIONAL HOURS OF GROUP STUDY VIA ZOOM**

**Thursday, October 17, 2024**

**9:00 a.m. - 4:00 p.m. (one hour lunch break)**

**\*STRONGLY SUGGEST A \$10 DISCRETIONARY CONTRIBUTION FOR COURSE COSTS\***

**7.5 of complementary CEUs available, but some restrictions apply**

**Presenter:**

**Phyllis Finley, B.A., QMHP-CS, QIDP - Community Outreach Coordinator  
Denton County MHMR**

**Michelle Foster, QMHP-CS, LBSW—CCBHC Outreach Coordinator  
Denton County MHMR**

**Online Registration Required (Limited to 30 People) at:**

**<https://Our next Mental Health First Aid course.eventbrite.com>**

**Self-paced study and course login will be emailed to you from Phyllis Finley with Denton MHMR**

**For questions please contact:**