The North Central Texas Area Agency on Aging is a regional organization that plans, coordinates and delivers services for persons age 60 and over and their family caregivers. The Agency serves residents of the 14 counties surrounding the Dallas/Fort Worth area.

For more information about services through the North Central Texas Area Agency on Aging, please call:

**1(800) 272-3921**

Office hours:
Monday-Friday
8 a.m.-5 p.m.

**Funded in part by Texas Health and Human Services**

The North Central Texas Area Agency on Aging provides services to help maintain health, obtain public and private benefits, and protect rights.

**Who is eligible for services?**

Services are available to persons age 60 and over and their family caregivers who live in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Palo Pinto, Rockwall, Somervell and Wise counties.

**What services are available?**

**Benefits counseling:** help understanding and applying for public and private benefits

**Care coordination:** help connecting frail older persons with services that allow them to live independently. Services may include emergency response systems, medications, medical equipment, and residential repair

**Caregiver support:** information and respite services to help caregivers meet their own needs, as well as those of aging family members

**Grandparents raising grandchildren:** information about benefits and legal options

**Information and referral** to federal, state, and local programs

**Legal assistance:** information about legal services, referrals to attorneys, and help with legal fees

P.O. Box 5888 • Arlington, TX 76005-5888
Ph: 1-800-272-3921
Fax: (817) 695-9274
Website: [https://www.nctcog.org/aging-services](https://www.nctcog.org/aging-services)
E-mail: dgreen@nctcog.org
Long-term care ombudsman: help for residents of nursing homes and assisted living facilities who have concerns about quality of care.

Meals: hot or frozen meals delivered to the home and hot meals served in a group setting.

Nursing home relocation: information and help for nursing home residents to return to the community.

Personal assistance: hands-on help with bathing and other personal care tasks.

Transportation: curb-to-curb service, by reservation, for medical appointments, and other activities.

Health promotion: small-group workshops to reduce risk of falls and better manage chronic disease.

Waiting lists may be in effect for some services.

Who provides meals and transportation?

Collin County (Meals & Transportation) – Committee on Aging (972) 562-6996
Denton County (Meals & Transportation) – SPAN, Inc. (940) 382-2224
Ellis County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
Ellis County (Transportation) – Senior Connect – STAR (877) 631-5278
Erath County (Meals & Transportation) – Senior Citizens Inc. (254) 965-3510

Hood County (Meals & Transportation) – Committee on Aging (817) 573-5533
Hunt County (Meals & Transportation) – Senior Center Resources and Public Transit (903) 454-1444
Johnson County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
Johnson County (Transportation) – City of Cleburne (817) 641-1800
Kaufman County (Meals) – Senior Connect (469) 376-6325
Kaufman County (Transportation) – Senior Connect – STAR (877) 631-5278
Navarro County (Meals) – Meals on Wheels North Central Texas (888) 869-6325
Navarro County (Transportation) – STAR Transit – (877) 631-5278

Palo Pinto County (Meals) – Meals on Wheels (940) 325-7919
Palo Pinto County (Transportation) – Public Transit Services (940) 328-1391
Parker County (Meals) – Committee on Aging (817) 594-7419
Parker County (Transportation) – Public Transit Services (940) 328-1391
Rockwall County (Meals) – Meals on Wheels Senior Services (469) 376-6325
Rockwall County (Transportation) – Senior Connect – STAR (877) 631-5278
Somervell County (Meals & Transportation) – Committee on Aging (254) 897-2139
Wise County (Meals & Transportation) – Committee on Aging (940) 627-5329

Additional Resources

Legal Hotline for Texans (800) 622-2520
Medicare Information (800) 633-4227
Medicaid Fraud Hotline (800) 447-8477
Social Security Administration (800) 772-1213
Texas Attorney General Consumer Hotline (800) 621-0508
Texas Department of Insurance (800) 252-3439
Texas Department of Family and Protective Services (800) 252-5400
Texas Area Agencies on Aging (800) 252-9240
Texas Medicaid 2-1-1
Texas Senior Medicare Patrol (888) 341-6187
Veterans Administration (800) 827-1000