



VIRTUAL

Caregiving with Confidence Seminar

Caring for an aging loved one is no easy task. Whether you are helping an aging parent or spouse, The Senior Source is here to help you every step of the way.

Virtual Seminar:
Thursday, May 21, 2020

Time:
10:00 a.m. - 12:00 p.m.

Location:
Your computer or phone!

Our family caregiver seminar will cover topics including:

- Long-Term Care Options
- Technology and Caregiving
 - Insurance
- Estate Planning
 - Self-care

RSVP to: Shannon Gore at 214-525-6155 or email SGore@TheSeniorSource.org
RSVP by: 5/19/2020

This seminar is supported, in part, by the Community Council of Greater Dallas/Dallas Area Agency on Aging.