



**TEXAS**  
Health and Human  
Services

**You're invited to a FREE webinar**  
for emergency responders, health care and other professionals, family caregivers, etc.

## ***Cumulative Stress & Self-Care***

**Tuesday, April 16, 2024**

**2:00 p.m. – 3:30 p.m.**

**\*\*\*Complimentary CEUs available for LPCs and Licensed Social Workers\*\*\***

**Presenter:**

**Dr. Ron Mottern, PhD**  
**Disaster Behavioral Health Coordination**  
**Texas Health and Human Services**

**Online Registration Required at:**

**<https://cumulative-stress-self-care-4-16-2024.eventbrite.com>**

**Webinar Instructions will be emailed to registered participants one day prior to the webinar via ZOOM.**

**For questions please contact:**

**NCT AAA: Marty Mascari: [Marty@NTADS.net](mailto:Marty@NTADS.net) or call (940) 202-4500 ext 101**