



# Denton County MHMR Center

Webinar for *Professionals, Caregivers* and/or family members in *TEXAS* 

# Mental Health First Aid

For Professionals, Caregivers and Family members in TEXAS

Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

## First Two Hours—Self Paced Study Online

AND SIX ADDITIONAL HOURS OF GROUP STUDY VIA ZOOM

Monday, May 12, 2025

9:00 a.m. - 4:00 p.m. (one hour lunch break)

\*STRONGLY SUGGEST A \$10 DISCRETIONARY CONTRIBUTION FOR COURSE COSTS\*

7.5 of complementary CEUs available, but some restrictions apply

#### **Presenter:**

Phyllis Finley, B.A., QMHP-CS, QIDP - Community Outreach Coordinator

**Denton County MHMR** 

Michelle Foster, QMHP-CS, LBSW—CCBHC Outreach Coordinator

**Denton County MHMR** 

### Online Registration Required (Limited to 30 People) at:

https://Our\_next\_Mental\_Health\_First\_Aid\_course.eventbrite.com

Self-paced study and course login will be emailed to you from Phyllis Finley with Denton MHMR

#### For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101